

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Ava Zwennis

Has successfully participated & completed the

Solo Heifer Cowhouse Cross Duathlon 2018 #1

held at Cowhouse Market.

**TIME** 00:55:31

**PACE** 05:33/km

**OVERALL** 8 of 10

GENDER 2 of 4

< 13 1 of 2

04 March 2018, Sun

Date



BoutTime